



AMES FOOD/DRINK, CULTURE, & ENTERTAINMENT

TRANSPORTATION

CyRide public transportation system: <http://www.cyride.com/>, call (515) 292-1100, or text bus stop code number for routes and schedules. 12 fixed routes, most drive by campus. \$1.25 one-way fare, transfer included.

Cyclone Ames Cab: Call 515-232-1343 or 515-233-3324 or visit <http://cyclonecab.com/>

Uber: <https://www.uber.com/>, or download the app from the Play Store or the iTunes.

Lyft: <https://www.lyft.com/>, or download the app from the Play Store or the iTunes.

FOOD & DRINKS

ON CAMPUS

For a complete list of on-campus restaurants and cafés: <http://www.dining.iastate.edu/menus>

Memorial Union Food Court (\$). 2229 Lincoln Way. <http://www.dining.iastate.edu/menus/mu-food-court>
Breakfast, lunch, and dinner menus. Halal, vegan, and vegetarian options. **Restaurants include:** Chester's Chicken - Cucina Italiana - Cys and Fries - Fresh Burrito Works - Godfather's Pizza - Panda Express - The Dish - Subway

Carlos' Quesadillas (\$). Food truck outside Kildee Hall. <http://www.carlosquesadillas.com/catering/> Mexican food: Quesadillas, fajitas, tacos, burritos.

MU Market & Café (\$). 2229 Lincoln Way. <http://www.dining.iastate.edu/menus/mu-market> Convenience store, grab-and-go sandwiches, salads, bakery, and coffee. Vegan and vegetarian options.

Caribou Coffee & Hub Grill & Café (\$). Across from Parks Library.
<http://www.dining.iastate.edu/menus/caribou> and <http://www.dining.iastate.edu/menus/hub> Deli and bakery, sandwiches, salads, wraps, and coffee. Vegan and vegetarian options.

Bookends Café (\$). 0184 Parks Library. <http://www.dining.iastate.edu/menus/bookends> Grab-and-go sandwiches, salads, bakery, and coffee. Vegan and vegetarian options.

CAMPUS TOWN

Restaurants and cafés are SouthWest of and within walking distance from the Memorial Union.

Potbelly Sandwich Shop (\$). 2310 Lincoln Way. 9am-10pm. <https://www.potbelly.com/stores/23292> Made to order toasted sandwiches, salads, and ice cream shakes. Vegetarian options.

Blaze Pizza (\$). 2320 Lincoln Way. 10:30am-10:30pm. <http://www.blazepizza.com/locations/ames/> Wood-fired pizza; make your own pizza. Vegetarian options.

Jeff's Pizza Shop (\$). 2402 Lincoln Way. 10:30am-1am. <http://www.jeffspizzashop.com/> Pizza, sandwiches, lasagna, salads, chips, and brownies.

Smokin' Oak wood-fired pizza (\$): 2420 Lincoln Way. 10:30am-10:30pm. <http://www.smokinoakpizza.com/>

Cafe Baudelaire (\$\$). 2504 Lincoln Way. 10am-1:30am <http://www.cafebaudelaire.com/menu.html>
Brazilian fusion cuisine, hamburgers, omelets, salads, desserts, drinks, and cocktails. Live music at night.

Mr. Burrito (\$) . 2508 Lincoln Way. 11am-9pm <https://www.facebook.com/misterburritoofames/> Mexican food: Burritos, tacos, quesadillas, enchiladas, tostadas, Mexican drinks including horchata.

Taste Place (\$) . 2512 Lincoln Way. <https://www.facebook.com/pages/Taste-Place/748889545188687>
Chinese food

Arcadia Café (\$) . 116 Welch Ave. 7am-8pm. <http://www.arcadiainames.com>. Sandwiches, small plates, soup, salad, desserts; vegetarian & gluten-free options; cocktails, wines.

Fighting Burrito (\$) . 117 Welch Ave. 11am-2am. <http://www.fightingburrito.com/> Mexican food: Burritos, tacos, nachos, quesadillas, salads, and desserts.

Indian Delights (\$) . 120 Welch Ave. <http://indiandelightsames.com/> Kofta, curry dishes, chicken, lamb, shrimp, salmon; vegetarian options; desserts.

Jimmy John's (\$) . 135 Welch Ave. 10:30am-3am. <https://www.jimmyjohns.com/>. Plain slims, sub sandwiches, club sandwiches.

Thai Kitchen (\$\$) . 2410 Chamberlain St. 11am-8pm. <https://www.thaikitchenames.com/>. Thai food: Yums, soups, noodles, fried rice, pad, and curry dishes.

Pizza Pit (\$) . 207 Welch Ave. 11am-12 midnight. <http://pizzapit.biz/locations/iowa-ames/> Pizza, chicken wings, hot sandwiches.

Trio Asian Restaurant (\$) . 223 Welch Ave. 11am-3pm, 5pm-8pm. <http://www.trioames.com/>. Asian food: Crab rangoons, spring rolls, dumplings, noodles, chicken, beef, pork, lamb, seafood, vegetarian options.

Stomping Grounds (\$\$) . 303 Welch Ave. 7am-12am. <http://bit.ly/2tWJ9RC> Regular and toasted sandwiches, salads, pasta, soups, crepes, desserts, coffee, and drinks. Outside patio area.

DOWNTOWN AMES

How to get there: Take Cyride #1 Red East or #2 Green East from campus.

For a full list of downtown Ames restaurants, bars, cafés, and events, access <http://www.amesdowntown.org/>

Wheatsfield Cooperative Grocery & Deli (\$) . 413 Northwestern Ave. 7am-9pm
<http://www.wheatsfield.coop/> Breakfast burritos, salad bar, hot bar, soups, bakery, desserts; vegetarian options.

Depot Deli & Cookies (\$) . 526 Main Street. <http://www.depot-deli.com/> Sandwiches, soups, salads, desserts; vegetarian options; lunch & dinner combos; beer, wines.

Aunt Maude's (\$\$\$) . 547 Main St. 11am-2pm, 5pm-10pm. <http://auntmaudesames.com/> Salads, soups, omelets, sandwiches, bistro, salmon, chicken, beef, wines, microbrews.

Bar La Tosca (\$\$) . 400 Main St. 11am-2pm, 4pm-10pm. <http://www.barlatosca.com/> Italian cuisine. Salads, soups, flatbread, pasta, sandwiches, small plates, entrées, cocktails, wines, beer.

The Spice (\$\$) . 402 Main St. 11am-2:15pm, 5pm-8:45pm. <http://thespiceames.com/> Thai cuisine: Spring rolls, dumplings, soup, curry, noodles, fried rice, chicken, pork, seafood, desserts; vegetarian options; tea, fruit juices, beer, wine.

Old Main Brewery and Restaurant (\$\$) : 316 Main Street. 11am-2am. <http://www.oldmainbrewing.com/> Hamburgers, sandwiches, lunch specials, salads, soups, pasta, entrées; seasonal and year-round brews.

Chocolaterie Stam (\$) . 230 Main Street. 8:30am-8pm. <https://stamchocolate.com/> Bonbons, chocolate treats, cookies, wafers, gelato, licorice.

Café Diem (\$) . 229 Main Street. 7am-10pm <https://www.cafe-diem.com/ames> Coffee, pastries, salads; wi-fi available.

Little Woods Herbal tea shop and tea house (\$). 136 Main St. <https://littlewoodsherbal.com/> Herbs, spices, loose leaf teas, medicinal herbs, artisan wellness blends.

Whiskey River (\$). 132 Main Street. 11am-2am. <http://www.foundersirishpub.com/whiskey-river/index.html> American food, dine in or order take out: Hamburgers, sandwiches, hot dogs, chicken wings, quesadillas, tacos, nachos, salads; vegetarian options; liquors, wines, beers (bottled and on tap).

Great Plains Sauce and Dough Company (\$). 129 Main St. 11am-2pm, 4:30pm-12am
<http://greatplainspizza.com/> Pizza, sandwiches, salads, desserts; beer, wine, coolers.

The Grove Café (\$). 124 Main. 6am-2pm. <http://www.grovecafe.com/> Breakfast & lunch menu: Omelets, pancakes, French toast, hamburgers, hot sandwiches, desserts.

The Mandarin (\$\$). 415 Lincoln Way. 11am-2pm, 5-9pm. <http://www.mandarinofames.com/> Beef, chicken, pork, shrimp, & vegetable lunch entrées; seafood; dinner specials for 2-10 persons; soups

WEST AMES

How to get there: Take Cyride #1 Red West from campus.

Pammel Grocery & Deli (\$). 113 Colorado Ave. 11am-8pm. <http://www.pammelgroceryames.com/> Indian, Pakistani, and Middle Eastern food. Halal & vegetarian options: Gyros, kabobs, falafel, samosas, kofta.

Szechuan House (\$). 3605 Lincoln Way. 11am-10pm. <http://www.szechuanhouselincolnway.com/> Chinese food: Chicken, duck, lamb, pork, seafood; soups, lunch specials; vegetarian options.

Shogun Japanese Steakhouse (\$\$). 3704 Lincoln Way. 11am-9:30pm. <http://bit.ly/2eLvR8T> Soups, salads, teriyaki, yakisoba, tempura, hibachi, sushi, sashimi, udon, shabu shabu, hibachi; wine, sake, beer.

Indian Delights (\$). 127 Dotson Drive. <http://indiandelightsames.com/> Kofta, curry dishes, chicken, lamb, shrimp, salmon; vegetarian options; desserts.

NORTH AMES

How to get there: Take Cyride #6 Brown North from campus.

The Café (\$\$). 2616 Northridge Pkwy. 7am-9pm. <http://www.thecafeames.com/> Omelets, pancakes, soups, salads, hamburgers, sandwiches, steak, fish, pizza, pasta; beer, wine, cocktails.

+39 Italian Restaurant & Cantina (\$\$). 2640 Stange Rd. 11am-2pm, 5pm-9:30pm.
<http://www.plus39italian.com/> Pasta, pizza, soups, salads, sandwiches; chicken, beef, fish; gluten-free options; beer, wine.

Brick City Grill (\$\$). 2704 Stange Rd. 11am-12am. <http://www.brick-city-grill.com/> Hamburgers, sandwiches, entrées (chicken, pork, salmon), nachos, salads; gluten-free options; beer.

El Azteca (\$\$). 2727 Stange Rd. 11am-9pm. <http://www.elaztecaames.com/> Mexican food: Quesadillas, burritos, enchiladas, special dinners, soups, salads, desserts; beer, cocktails.

Wallaby's Bar & Grille (\$\$). 2733 Stange Rd. 11am-11pm. <http://www.wallabysbarandgrille.com/> Salads, soups, hamburgers, sandwiches, wraps, nachos, entrées; beer, wine, cocktails.

Los Altos Mexican Restaurant (\$\$): 823 Wheeler St. #5. 11am-9:30pm.
<https://www.facebook.com/losaltosames/> Quesadillas, enchiladas, tacos, burritos; vegetarian options; desserts; beer, cocktails.

Ge Angelo's Italian Restaurant & Lounge (\$\$). 4-9pm. 823 Wheeler St. #9. <http://geangelos.com/> Salads, pizza, calzone, pasta, chicken, cod; vegetarian options; build your own pizza; desserts; beer, wine.

SOUTH AMES

How to get there: Take Cyride #3 Blue South from campus.

Ciao's Italian Restaurant (\$\$): 217 S. Duff Ave. 11am-9pm.

<https://www.facebook.com/ciaositalianames/> Spaghetti chicken, regular and baked pastas, veal, seafood, soups, salads, sandwiches, desserts; wine, beer.

Hickory Park Restaurant Co. (\$\$). 1404 S. Duff Ave. 10am-9pm. <http://www.hickoryparkames.com/>

Barbecue, meat dinners, hamburgers, deli and smoked sandwiches, ice cream menu; teas, beer (bottled, on tap).

Dublin Bay Irish Pub and Grill (\$\$). 320 S 16th St. 11am-11pm. <http://www.dublinbayames.com/>

Irish fayre, entrées, pork, shrimp, salmon, pasta, hamburgers, sandwiches, soups, salads; beer, wine, cocktails.

The Mucky Duck British Pub (\$\$). 3100 S Duff Ave. 11am-11pm. <https://themuckyduckpub.com/>

Fish 'n' chips, hamburgers, chicken curry, haggis, bangers 'n' mash; teas, beer, wine, whiskey, cocktails.

Fuji Japanese Steakhouse (\$\$\$). 1614 S Kellogg Ave. #101. 11am-2pm, 4-9:30pm

<http://www.fujiames.com/> Hibachi, teriyaki, tempura, udon, soba, rolls, sushi bar entrées, katsu, don buri, desserts.

COFFEE/BEVERAGES & DESSERT

Arcadia Café (\$). 116 Welch Ave. 7am-8pm. <http://www.arcadiainames.com>.

Insomnia Cookies (\$): 217 Welch Ave. 10am-3am. <https://insomniacookies.com/>

Stomping Grounds (\$\$). 303 Welch Ave. 7am-12am. <http://bit.ly/2tWJ9RC>

Chocolaterie Stam (\$). 230 Main Street. 8:30am-8pm. <https://stamchocolate.com/>

Dutch Oven Bakery (\$). 219 Duff Ave. 6am-6pm. <http://www.dutchovenbakeryiowa.com/>

The Café (\$\$). 2616 Northridge Pkwy. 7am-9pm. <http://www.thecafeames.com/>

CULTURAL ATTRACTIONS & ENTERTAINMENT

ON CAMPUS

How do I get there? Everything on campus is within a walking distance.

ISU's Museums. Around campus <https://www.museums.iastate.edu/visit/art-on-campus-collection/>

The Maintenance Shop. Memorial Union. <https://www.sub.iastate.edu/maintenance-shop/> Live music, stand-up comedy, open mic nights, theater performances.

Farm House Museum. Near Ross Hall. M-F 12-4pm. <https://www.museums.iastate.edu/visit/farm-house-museum/>

Lake Laverne: Just outside the Memorial Union (MU). Created in 1916. Home to the swans Lancelot and Elaine.

Reiman Gardens: 1407 University Blvd. 9am-4:30pm. <http://www.reimangardens.com/>

OFF CAMPUS

All Ames Parks: <http://www.cityofames.org/government/departments-divisions-i-z/parks-recreation/park-system>

Brookside Park. 1325 6th Street (near campus). <http://bit.ly/2eLURNa>

Ada Hayden Heritage Park: 5205 Grand Ave. <http://bit.ly/2uz9DuA>

Inis Grove Park. 2500 Duff Ave. <http://bit.ly/2vYnmur>

Main Street. Cultural District: <http://www.amesdowntown.org/eatdrink/>

Octagon Center for the Arts. 427 Douglas Ave. 10am-5pm. <https://www.octagonarts.org/>

Ames Public Library. M-Th 9am-9pm, Fri-Sat 9am-6pm, Sun 1-5pm. <http://www.amespubliclibrary.org/>

Cinemark Movies 12. 1317 Buckeye Ave. <https://www.cinemark.com/iowa/cinemark-movies-12>

BREWERIES

Old Maine Brewing Co. 316 Main. St. 11am-2am. http://www.oldmainbrewing.com/?page_id=821

Torrent Brewing 504 Burnett Ave. Wed-Fri 4:30-11pm, Sat 11am-11pm, Sun 1-7pm
<http://torrentbrewingco.com/>

Alluvial Brewing 3715 W 190th St. Wed-Fri 4-10pm, Sat 12-10pm, Sun 12-6pm
<http://www.alluvialbrewing.com/>

MUSIC & DRINKS

London Underground. 212 Main St. 4pm-2am. <http://www.theundergroundames.com/>

McFly's. 115 Main St. 11am-2am. <https://www.facebook.com/mcflysames/>

DG's Tap House. 127 Main St. Mon-Fri 6pm-2am, Sat 4pm-2am. <http://www.dgstaphouse.com/>

West Towne Pub. 4518 Mortensen Rd. 11am-2am. <http://westtownepub.com/>

Mother's Pub. 2900 West St. 11am-2am. <https://www.facebook.com/Mothers-Pub-Page-196021787423701/>